

QUICK EDUCATION

Essential Safety Tips While in the Life

GENERAL SAFETY ADVICE

Always trust your instincts/gut feelings. Plan your exits. Wherever you work, always be aware of escape routes and don't let a client get between you and the nearest exit. Avoid working when high, stoned or drunk. Keep focused on the behavior of the client and keep your eyes on your client and their hands at all times. Remember, being "Street Smart" does not guarantee your safety - if in doubt GET OUT!



SPIKED DRINKS, DRUGS & FOOD

If your client offers you a drink, ask for an unopened can or bottle, or serve yourself. Don't take any drink you haven't seen prepared from start to finish. Make sure your client is happy to eat the same food.

Avoid accepting or taking drugs with clients; you never know what they are or what they have been cut with.



SEXUAL POSITIONING: STAY ON TOP IN EVERY WAY

Keep your eyes on your client and their hands at all times.

Stay on top as this gives you the best position for control; you have your hands free and your customer is laying below you.



IF THINGS GO WRONG

Don't allow fear, panic or anger to take over. Stay calm, learn how to calm a person down; how to talk them out of attacking you and how to get away from the attacker.

During an altercation, keep thinking of ways that will help you get out of the situation.



IF YOU GET ATTACKED

Make as much noise as possible by shouting, screaming, or yelling. Call 911 - Even if you can't talk on the phone, speak loudly or yell...they will be able to hear you.

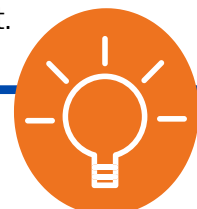
If you are in a car, hit the horn or flash the lights to attract attention, make as much noise as possible.



DECISION TIME

DO NOT try to fight unless you are certain you can win or you are convinced their intent is to kill you. If you decide to fight back to escape, you must be confident that you are going to be able to immobilize your attacker.

If you don't know self defense, aim for the eyes, throat, groin or chest.



MEDICAL SAFE HAVEN

Providing a safe primary care medical environment for survivors of human trafficking led by understanding physicians and medical staff extensively trained in victim-centered, trauma-informed care.



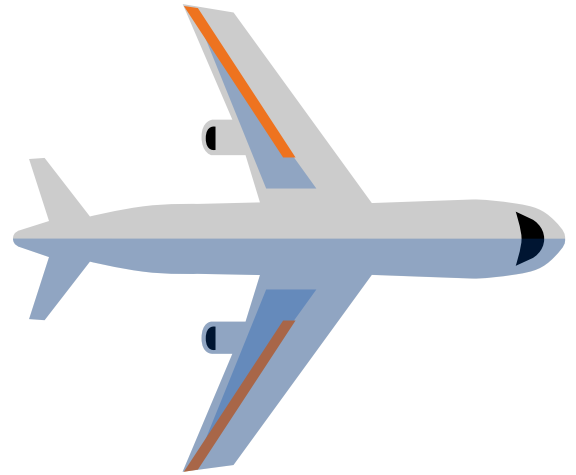
"WOMEN WHO HAVE NEVER RECEIVED SUCH COMPASSIONATE AND UNDERSTANDING CARE, CAN NOW TRUST AND BELIEVE IN THE MEDICAL SYSTEM BECAUSE OF THIS TEAM"

To make an appointment or to learn more about the Medical Safe Haven, please call:
916.681.3488

SERVICES PROVIDED

- Full Spectrum, Trauma-Informed Primary Medical Care
- Birth Control, including IUD, Nexplanon
- Prenatal and OB/GYN Care
- Newborn, Pediatric and Adolescent Care
- Mental Health Support (including medication management)
- Medicated Assisted Substance Use Treatment
- Annual Physical Examinations
- Vaccinations
- STI (including HIV) Testing and Treatment
- PrEP
- Referrals for Community Resources (Safe Housing, Case Management, Trauma Therapy)
- Gender Affirming Care, including but not limited to: Hormonal Prescriptions Laboratory Testing/Monitoring
- Referrals to Specialists and Surgeons

RELOCATION



CASH provides relocation services to human trafficking survivors who have been displaced, need to get back home, or need to escape their geographic location for their safety.

For eligibility, please contact Kristie at: 916.793.6504








CALVCB




California Victim Compensation Board

Victims of human trafficking are protected under United States and California law. The California Victim Compensation Board (CalVCB) is available to assist eligible victims with crime-related expenses. Victims of human trafficking can apply for CalVCB assistance in several ways:

Get Help

-  For guidance and support throughout the eligibility process, please contact Kristie at: 916.739.6504 or call the CalVCB Help Line at (800) 777-9229.
-  Create an application using CalVCB Online – a secure and private portal that can be easily accessed from a smartphone, tablet or computer.
-  Download an application from CalVCB's How to Apply page.
-  E-mail CalVCB at info@victims.ca.gov.
-  Submit the CalVCB Human Trafficking Wage Compensation Verification Form

There are several ways to verify CalVCB eligibility for a victim of human trafficking. They include:

-  Human trafficking caseworker has attested by affidavit
-  Certification or eligibility letter from a government agency for special visa as a refugee
-  Medical or mental health records documenting injuries consistent with human trafficking